ADVAITA MAKARANDA

Translation & Commentary

ANN BERLINER
ADVAITA MAKARANDA
Translation & Commentary

Ann Berliner

Published in arrangement with
Shri Gangadhareshwara Trust, Ahmedabad

ASIA PUBLISHING HOUSE
BOMBAY • NEW DELHI
Contents

Introduction 1
1. Text and Author 5
2. Translation 7
Verse One 13
Verse Two 16
Verse Three 20
Verse Four 22
Verse Five 24
Verse Six 26
Verse Seven 28
Verse Eight 30
Verse Nine 32
Verse Ten 34
Verse Eleven 36
Verse Twelve 38
Verse Thirteen 40
Verse Fourteen 42
Verse Fifteen 44
Verse Sixteen 46
Verse Seventeen 51
Verse Eighteen 53
Verse Nineteen 55
Verse Twenty 57
Verse Twenty-One 59
Verse Twenty-Two 60
Verse Twenty-Three 62
Verse Twenty-Four 64
Verse Twenty-Five 66
Verse Twenty-Six 68
Verse Twenty-Seven
Introduction

I. Text and Author

Advaita-makaranda is an obscure text written most likely between the 11th and 15th centuries by Lakṣmīdhara. He has written one other text, Bhagavannāmakaumudī as well as a śīka to the Śrīmad Bhāgavatam called Amrtatarāgini.

His exact dates cannot be fixed. Brahmānanda Bhārati refers to Advaita-makaranda in his commentary to Vākyasudhā.

Bhārati is also the author of Puruṣarthaprabodha to which Appaya Diksita refers in Śivatattvaviveka. Since Appaya Diksita’s dates are established as 1554 to 1626 A.D., we can assume that Lakṣmīdhara wrote prior to this time.

Bodhendra Sarasvatī in the second half of the 18th century states that Lakṣmīdhara was writing during the reign of King Bhojārāja in South India in the 11th century. This is not a confirmed fact but it gives a possible earliest date to which he can be placed.

If Lakṣmīdhara lived at the end of the 14th century, then he could have been a disciple of Śrī Vidyāraṇya, the author of Pañcadaśī. Although Lakṣmīdhara makes no reference to this fact, nor to his own teacher, such a hypothesis is possible. If this is so, then Lakṣmīdhara would have lived in South India in the 14th century in, what is today, Andhra Pradeśa.

II. Translation

Vedanta, literally the end portion of the Vedas, is viewed by the traditionalists as a pramāṇa (a means of knowledge) for gaining knowledge of the Self, and its relationship with the world and God. They argue extensively about the limitations and inappropriateness of the known means of knowledge i.e. perception, inference, etc.* for determining the Self. Their contention is that these means of knowledge are dependent upon a self-evident Being for their operations (pravṛttis). If ignorance about the Self exists, its removal is not subject to a knowledge gained by perception, etc.

Such knowledge can only be of things falling within the scope of one’s objectification and analysis. The Self, being the Subject, doesn’t fall within the range of perception-based inference. Their

* Advaita Vedanta categorizes the available means of knowledge into six divisions:
1) pratyakṣa (perception) 2) anumāna (inference) 3) arthāpatī (presumption) 4) upamāṇa (correlative knowledge) 5) anupalabdhi (knowledge of absence) 6) śabda (verbal testimony).
contention is that śabda is the pramāṇa for removal of ignorance centred on the Self. The traditionalists state that the Self is self-evident and requires no means of knowledge to prove its existence, yet to know its nature as free from duality śabda is the means.

Words, being relative by nature, cannot adequately reveal an absolute. Yet in order to gain knowledge beyond one’s immediate sense perception, words are essential. If handled properly, they can point to a non-relative truth. One word is taken and all the various connotations of that word are explored and dismissed until the word is stripped bare of relative conditioned definitions. When all the conditioned meanings of the word have been removed, then that word reveals the Absolute.

Take for example, the word “eternal”. It is an abused word. What is exactly meant by “eternal”? Do we mean that which is everlasting as opposed to that which is temporal or finite? The earth is eternal in contrast to man who is limited by a life span, but both the earth and man fall within the context of time and, thus, are limited by the time/space framework. This is to say that we are searching for a definition of eternal other than perennial eternity which is relative. The earth is perennial in relation to man. But neither is eternal. To fit the definition of eternal we must discover a meaning which is free of time. Anything within the creation by its very nature is going to be bound by time because it is subject to change. Anything that changes cannot be eternal. Therefore, there is no object which we can call eternal. An experience also, whether based on sense perception or transcendental meditations, is bound by the hands of time, finite in nature and subject to loss, for the experience is there at one moment and gone the next.

Therefore, eternal cannot apply to this creation nor to an experience, both things being bound by time. Then is “eternal” a concept totally imagined by man? Man in his limited state projects a notion of “eternal”. This notion serves as a refuge from the despairing limitations he encounters. He makes an eternal afterlife to compensate for this temporal life. If this be so, if it be man’s true nature to be ever bound and limited and all his notions of eternity are mere fabrications of his mind, then would he sincerely struggle to create and believe in these fabrications? If his true nature is limited, then why does he struggle so to discover something that is limitless? Nothing struggles to get away from its inherent nature. The struggle is always to get back a natural state of being. A fish on the beach in panic, struggles to get back to the ocean where it can
move and live naturally. If it is natural for one to be limited, if it is one's original state, would one struggle so to discover something "eternal", something free from limitation of time? If time-bound limitation were natural, then one would feel at home with this limitation. Since one struggles so desperately to be free of limitations, limitations then, cannot be natural.

Therefore, a timelessness, free of human fabrications must exist. If it did not, one would not seek it. But then if it is a "state of being", then it is an experience, as we have seen is not applicable to eternal. Then what is "eternal"? If it is not within creation then is it outside creation? If it is outside creation, then creation limits it; it cannot be "eternal" or infinite because it is limited by the existence of creation, thus making it finite. Therefore, the eternal must be inherent within the creation, yet free of the creation, and, therefore, free of change.

Through such analysis the vague notion of a word based upon subjective opinion is dismissed and the possibility of a timeless existence is revealed. The removal of invalid definitions of words is the method of teaching in Vedanta. In that process a valid meaning of the word is implied.

This process of negation and then assertion is the methodology of Vedantic teaching. The attempt in this translation is to recreate in English, the terse and logical impact of the Sanskrit verse. For this reason I have chosen the simplest definitions of each word. Imagery and poetic ambiguity are not desired here. Traditional Sanskrit poetry (kāvya) employing imagery and ambiguity creates subjective emotional responses within the reader. Advaita Makaranda is not of the tradition of kāvya. Therefore, metaphors illustrate logically established premises and are not used for the sake of imagery alone.

I have purposely avoided the misuse of such vague terms as "eternal", "soul", "spirit", "ego", etc. Such words, filled with cultural and psychological interpretations, can be misleading. In the first reading the verses may seem very simple, but it is a deceptive simplicity. The simplicity is only in the controlled lack of adjectives and not in the presentation of the subject matter.

A Sanskrit term translated into English will take on the ramifications of its English definition. One reads English, with his or her cultural definition of each word, and doing this, one may find correlations and comparisons between the concepts presented and one's own confirmed philosophical beliefs. Therefore, the method I've employed is a process of dilation of terminology. It is not a compilation of concepts but rather an unfoldment centred on the
definition of the Self.

In the body of the commentary I place myself in the position of a traditionalist and present the matter from a traditionalist’s point of view. I have tried to understand this approach by the study of various Vedantic texts under the guidances of teachers who are part of the tradition. As is the wont with traditionalist, they resolve the subject matter of each verse into understanding of the limitless Self.

Since the purpose of Vedanta is Aham Brahmasmi (I am Brahman), each commentary resolves into this postulate. Such resolution could best take place if the arguments were presented in the first person. The first person also maintains the immediacy of the teaching.

Within the tradition a particular argument is substantiated by quoting from the Śāstra (Upaniṣads, Brahma-Sūtras, Bhagavad-Gītā). I have emulated this classical approach by footnoting the philosophical arguments with quotations from the Śāstra.

Vedantic inquiry establishes the pattern of proposing a doubt and resolving it. The proposal of the doubt is called the pūrvapakṣa. The resolution of the doubt and the unfoldment of Vedanta is called siddhānta. In the pūrvapakṣa an objectionist’s point of view is taken. Within the siddhānta one proceeds to dismiss the fallacies in the thinking of the opponent, and then unfolds the teaching of Vedanta. I have tried to follow this pattern of pūrvapakṣa/siddhānta in the presentation of the verses. The introduction to each verse presents the pūrvapakṣa while the verse and commentary reveal the siddhānta. When the verse is a continuation of the siddhānta, no pūrvapakṣa precedes it.

In order that I may appreciate the essence of Advaita, I have undertaken this work. My wish is to preserve the beauty of a tradition.
Verse One

Each text which elucidates Vedanta begins with a manīgala śloka a verse to invoke the grace of the Lord. The invocation helps to secure a successful completion to the work. Traditionally, when any serious task is undertaken, one takes into account the unknown variable, grace, the presence of which can bless, and the absence nullify one’s labour. This plus factor makes the difference between success and failure. In order for the task to have the desired result, one invokes the Lord’s grace.

The Lord need not look full view at a person. Just a small glance from the corner of His eye sufficiently blesses an endeavour. If the Lord is taken as a shining sun then even one ray from the corner of His eye falls upon those who surrender to Him. They become the recipients of His grace.

नमःनमोहाद्वये नमः
अनन्तानन्दकृष्णाय
जगान्मंगलमुर्त्येऽ

Katāksakiranāncānta
Namanmohābdhaye namaḥ
Anantānandakṛṣṇāya
Jагaṅmangalamūrtaye

My salutations to Lord Kṛṣṇa
Whose form is a blessing to the world
Who is limitless joy.
Whose glance from the corner of His eye
dries up this ocean of delusion
for those who surrender to Him.

The individual is constantly drowning in an ocean of delusion and suffering. By surrendering at the feet of the Lord, he or she earns

1. काल: स्वभावो नियतियर्युच्छा
भूतानि योनि: पुरुष इति चिन्त्या
संयोग अष्टौ न ज्ञातप्राप्ता-
दाताप्रायिनी: सुखदुखहेतोः Śvetāsvatara-paniṣad I-2

5
the Lord’s glance. From the ray of that glance the desire to be saved from the ocean is born. Motivated by this desire to be saved the individual seeks a teacher and from the teacher he or she gets Knowledge. The Knowledge eliminates ignorance and completely dries up the ocean of delusion.

The Lord, as a universal teacher (sadguru) has come to bless the world. He is a personification of boundless joy, a joy which is one's essential nature, as opposed to relative happiness, which is dependent upon circumstances. Unto Kṛṣṇa who is boundless joy, whose form is a blessing to the world, whose mere glance from the corner of His eye dries up this ocean of ignorance for all those who have surrendered to Him, unto that One I offer my salutations.

2. यो देवानां प्रमविष्क्रमः  
विश्ववियो रूढ़े महर्षिः
हिरण्यगर्भ वसयत जायमाने
स नो बुद्ध्या शुभाय संयुन्तितु।
Ibid. IV-12

3. तद्विज्ञानानां स गुस्तेववभिमागः च
समस्ताद्विद्य श्रेष्ठिवं ब्रह्मस्तम्
Mundaka Pāṇiṣad I-ii-12

4. ते ह देवं आत्मविज्ञ्यात्कारश्च
मुमुक्षुवेन शरणामेव प्रपक्षे
Śvetāvatāra Pāṇiṣad VI-18
Verse Two

Every individual faces three fundamental problems: mortality, ignorance and lack of completion. An individual identified with the body concludes that the finality of the body is the finality of his existence. One’s existence becomes limited to the duration of the physical body. Even if one identifies with the mind, one is limited by the multiple thoughts within the mind. If one discovers existence free from the body and mind then one discovers existence free from limitation. This discovery of limitless existence is the discovery of limitless Awareness and Fullness. The second verse begins to address these three fundamental problems and the subsequent verses further explain the answer.

अहमस्मि सदा भामि
कदाचिन्नाहमप्रियः ||
ब्रह्मस्मि सदांहि
सचिदानन्दलक्षणम् || ॥ ॥

_Ahamasmi sadā bhāmi_
_kadācinnāhamapriyāḥ_
_Brahmaivāhamatath siddham_
_Saccidānandalakṣaṇam_

Always I am
Always I shine
Never am I an object of dislike to myself
Therefore it is established
That I am that _Brahman_
Which is of the nature of existence,
Awareness, and fullness.¹

The word “I” generally indicates the doer or the subject: “I am an enjoyer”; “I am happy”; “I am sad”. I identify with these forms of experience by taking myself to be the very experience. For instance, when I say that I am happy, I take myself, an aware being, to be of the nature of happiness. But then, later on, when I say that I am sad, I take the same aware being to be of the nature of sadness. Thus, I

¹. सत्यं ज्ञात्वमन्ते ब्रह्म Taittiriyopaniṣad II-1-1
have identified myself with changing mental conditions.

These various thoughts which obtain in the mind are not myself because I know them and watch them come and go. None of them can be “I”. For example, even though at one point I might decide or resolve something, I am not always in the process of deciding or resolving. Sometimes I am irresolute or doubtful. Therefore, the “I” cannot be defined by my decisions nor by my indecision, for they are constantly changing and in a state of flux. All of these changing identifications contradict each other, but one factor which does not change is the central thought “I am”.

This consistent thought abides in all stages of life: “I am a child”, “I am an adolescent”; “I am an adult”; “I am old”. The stages change. Childhood does not remain, nor does adolescence, but the “I am” remains throughout life. Like a thread that strings the various transitions of growth together, the consistent thought “I am” links the child with the youth, the youth with the adult. Even though each of these stages is not the other, the observer of these changing conditions remains unchanged.

The “I am” is not an inert being, but it is aware. Anything known can be objectified, but the I (aham) which objectifies all modifications can never be known as an object. The world is. The world is known. The knowledge of the world is dependent upon my existence as the knower. Although the world which is known enjoys existence, this existence may not be as valid as I am, for what is known need not enjoy substantial existence. What is perceived may be apparent (mithyā). For instance, the rising sun, the blue sky, the dream — all are apparent perceptions. I cannot give valid existence to them.

If an object is to enjoy true existence, it cannot be dismissed at any time. Therefore, to say that something “is” or that the world “is” means that it must abide in all three periods of time; the past, the present, and the future. If reality is that which exists in the past, present, and future, then what degree of reality does this world enjoy?

The world which I perceived yesterday is not the world which I perceive today nor will perceive tomorrow. I perceive a creation of constant change, and each entity within the creation constantly changes. The forms of the creation are woven through the woof of time. So time itself dismisses the reality of the creation, for not one factor of the creation remains constant or real. Yet I do see a creation. What, then, enjoys a more lasting reality — the creation or the perceiver of the creation?
The world is and is known because I am aware. Even when the world changes, still I remain aware. My thoughts are included within the changing nature of the world, but behind the thoughts exists an aware perceiver. That which is seen but changing cannot be taken as real, whereas that which is changeless enjoys a greater degree of reality. Therefore, the world enjoys apparent existence only.

Appearance does, however, involve reality. If an object exists only apparently, then that appearance must be based on a substratum which does exist. In the darkness of twilight, if I mistakenly superimpose the image of a snake on a rope, then the snake exists because the rope exists. If the world is apparent, then upon what have I superimposed the apparent nature of the world? What is the independent substratum which supports this apparent existence? If I dismiss the world as changing, then what is left behind in that dismissal? I, the perceiver of the changes, am left behind. Everything else is gone. Which “I” is left? It is not the body “I”, for the body is also included in the changing world as are various forms of thinking. They are all seen by me; they are all objectified by me. Therefore, the body along with all forms of thinking can be dismissed and still something remains.

One thing alone can remain. Awareness. The substratum for the world is myself. Awareness alone. Awareness cannot be dismissed. It abides, dismissing everything. Time and space can be dismissed, and still Awareness is. That which is not bound by time nor space but is the substratum for all that is within the framework of time and space; that alone shines. That alone exists. Therefore, always I am, and always I shine. I am not only the witness of the body, but of the whole world. I am the substratum.²

Although I may discover that the truth of myself is Awareness and the Awareness is the substratum for the whole world, still I find myself feeling incomplete and subject to sorrow. I crave a complete and happy self. How can knowledge remove the feeling of incompleteness? If sorrow or incompleteness were true to my nature, I would never try to get away from them. I would feel at home with my limitations. But I always want to shake them off and abide in fullness, for I love a self which enjoys happiness.

². पुरुषात्म परं किंचित्स कांक्षा
सा परा गतिः
Kathopanishad I-iii-11
I never hate the self. I may hate someone because he or she gives me sorrow. Due to this pain I hate that person, whom I look upon as an enemy. But what I hate is not the person, but the pain that the person causes me. This pain takes me away from a joyful self. The hate is towards the loss of joy, not towards a person. I hate neither the person nor anything else. I hate sorrow because I cannot be happy with sorrow. I can be happy only with happiness. Sorrow is something which dismisses happiness. Therefore, I love happiness; I love a happy self.

Just as the object of my hate is sorrow, and not a person, so also the object of my love is not a person, but my fullness. When a person or object creates in my mind a certain condition, a certain disposition towards pleasure, that person or thing becomes an object of my love. The moment it begins to create disturbances in my mind, then I question whether the object is worth loving. Whom do I really love? I don’t love the object at all. I love the sense of completion enjoyed in my mind. As long as that object is able to keep my mind away from conflicts, I love the object, for I find that the mind is all happiness. The moment an emotional disturbance begins in the mind I start to doubt the object. With a disturbance in my emotional makeup I think that the object disturbs me and I question the validity of my loving it. Then, slowly, I discover that it is not worth loving and I become cold or hateful. Therefore, if the object has to keep me loving all the time, then that object of my love should strive always to see that it does not create any disturbance in my mind. When that pleasing disposition is disturbed, the mind, being disturbed, will project the whole disturbance upon the object.

Each one loves oneself alone and is ready to give up everything else. All possessions are for myself alone. I love my house, but when it is a question of my life or the house, I keep myself and give up the house. If the choice is between the hand and the eye, I will retain my

3. यदै तत् तुकतम्
रसो वै स:
रसू व्रेयेय लव्हाधानङ्गनदी भवति
Taittiriyopanisad II-vii-1

4. न वा अरे भूतानं कामयां भूतानि
प्रियाणि भवति आलमनस्तु कामय
भूतानि प्रियाणि भवति। न वा अरे
सर्वेष्य कामयं सर्वेष्य प्रियं भवति
आलमनस्तु कामयं सर्वेष्य प्रियं भवति
Brhadārānyakopanisad II-iv-5
eye and give up the hand. The eye is a sense organ, and it is closer to me. I love my sense organs more than a faculty of action. If the choice is between madness and a sense organ, then even the eyes are useless, for I will be seeing things that don't exist. Without eyes, let me be sane; for I love my mind more than my eyes. Then, within my mind, will I more readily give up an emotion or a conviction? I will give up an emotion first. If I am committed to an ideal, I will give up my family ties and emotional attachments in order to pursue that ideal. Therefore, I love my conviction, my intellect, more than my emotions. Now, do I love my deep Self, which gives me more joy than my conviction? I love my deep Self more, because if my conviction gives me sorrow, then I want to get rid of it. I want to have a better conviction. Therefore, I cannot bear my conviction if it stands against me. I can keep only that conviction in whose presence I can be comfortable.

What, then, is the thing I want most to do? I want to love myself the most. The most beloved is that deep, joyful Self. I love that Self because that Self is fullness.\(^5\)

I never become hateful of my Self. If sometimes I hate myself, then which self do I hate? In fact, I love my Self, and that is why I hate myself. Within my mind I create in myself a split. One set of thoughts does not like the other set. That means I have an ideal personality and an actual one. The actual does not like itself but loves the ideal. I am not the ideal. Therefore, I hate the actual. Such a split carried to the extreme can lead one to suicide, because the actual personality happens to be in the same physical body as the ideal. Even committing suicide is motivated by self-love. The ideal is so distant from the actual that one will destroy the physical body as the ideal. If one cannot get along with the actual, then one gets rid of it — suicide.

No one hates oneself; everyone loves oneself. What I hate is sorrow and not a person, and what I love is, again, not a person, but completion, ānanda. Since I love myself the most, I must be that very ānanda, that total sense of completion.

The Śruti says that Brahmān alone is completion and all happiness,

\(^5\) तद्विभेत: पुण्यत्, प्रेयो विनितव, प्रयोजन्यामयाः पर्वमात्रा अन्तरस्म यद्यमात्रा

*Ibid. I-iv-8*
and that this *Brahman* is also Existence and Awareness. Then that *Brahman* which is indicated in the *Śruti* must be identical with me.

6. सर्वेचालिच्यं ब्रह्म तत्तत्त्वानि

7. बिन्दुनान्त्यं ब्रह्म रूपितादितु परापरणमस्ति।
    तिष्ठति भविष्य तत्त्वादः

*Chāndogyopaniṣad* III-xiv-1

*Bṛhadāranyakaopaniṣad* III-ix-28-(7)
Verse Three

The vision of the Śruti erases the division between one’s Self and the Total. The truth of myself is not separate from the truth of the Total.

Doubt:

The Śruti, however, points out that the Total, the Brahman, is all-knowing, and that it is the cause for the entire world. From Brahman the world has come and is sustained. If that is the nature of Brahman, then how can this individual, who does not even know his or her own physical body completely, be the same as that all-knowing Total? My knowledge is always limited in my capacity to create. In fact, I am not the sole author of anything. Since I depend upon so many factors — materials, ideas, I am incapable of creating anything independently. With all these limitations upon myself as an individual, how can I be identical with the Total, which is all-knowing and the cause of all?

मय्येवोदेति चिद्विषि
जगद्गाम्यवर्तनम्
अतोठं न कथं ब्रह्म
सर्वज्ञं सर्वकारणम्

Mayyevodeti cidvyomni
Jagadgandharvapattanam
Ato’ham na katham Brahma
Sarvajñanam sarvakāraṇam

In me,
In the space of awareness
Rises the celestial city
Called the world.
Therefore, how am I not Brahman, who is all knower
And the cause of all.¹

¹. यतो वा इमानि भूतानि जायते
येन जातानि जीवन्ति
सत्यप्रमि विसंविशिष्टिः
तद्व ब्रह्महि

Taittiriyyopanishad III-i-1
In the sky we can imagine a whole city made of clouds, but the city which we see is not there at all. We see a city imposed upon the space, and, as we watch, the imagined city changes, dissolves, and disappears.

The world which I see in Awareness enjoys the same reality as this city imposed upon the space. The dismissable world exists only apparently, but I, the seer, enjoy a more lasting reality than the changing world. As in a dream I see a world, but that dream world is projected by me alone. If I can project a world in the dream which I can dismiss when I am awake, then this waking world can also be dismissed when I go to sleep or when I dream. When the dream is seen, the waking world is not. Therefore, both states of experience, waking and dream, cancel each other. Neither of them can be said to have an absolute existence. Both of them are seen in the light of Awareness alone. Awareness illumines both the dream world and the waking world. In me, in the space of Awareness, I see the world as I would see a dream.

The perception of the world is accommodated within Awareness as all the objects of the world are accommodated within space. Whatever exists, exists with Awareness. The faculty of perception limits my capacity to see all objects, but Awareness, which illumines the perception, is not limited by that faculty. Although these two eyes cannot see all things, still the Awareness with which these eyes see accommodates all things.² My eyes may be limited. My mind may be limited. But Awareness suffers no limitation. Therefore, if Brahman is said to be the cause for the whole world and the truth of that Brahman is Awareness, then I, who am also Awareness am also the cause for the whole world.

In me, the whole world is.³ As I watch a city of clouds, I find it changing. I see a palace, then suddenly, the steps are gone. The sentries go, and I laugh at myself in amusement, thinking “What an imagination”! Nobody weeps for the loss of a palace of clouds. This

² यच्चश्रुचितिः शाश्वशुभोऽर्थात्, यं चक्षुर्ये
वेद, यथा चक्षु: शाश्वम्, शचक्षुस्वरूपं यमयति,
एष त आत्मानसङ्गद्धम्।

Bṛhadāraṇyaka Upaniṣad III-vii-18

³ मधुरसंकल्पं जातं
मधो सर्वं प्रतिष्ठितं
मधो सर्वं लयं गतं
तदुप्रवाहसमयस्यहि

Kaivalyopaniṣad V-19
waking world changes just as the clouds do. As I see it disappears. The world’s very nature is change. Where does this constantly changing world exist? It exists in Awareness alone; therefore, why should I not say that the whole world is in me — in Awareness?

Since Brahman is said to be all-knower, how can the individual know everything? The limitations of the mind may be seen, but these limitations are not the Self. Awareness illumines these limitations but is never limited by them. From the standpoint of Awareness, there is no limitation. A clay pot looks ‘as though’ it limits space. There is space outside the walls of the pot and space within the pot. Thus, from the standpoint of pot, space looks ‘as though’ limited by the pot. From the standpoint of space, no limitation exists, for the pot abides within space. Space is in and through the walls, the form, of the pot. Similarly, the mind abides within Awareness. Awareness is in and through the mind. Awareness is not limited by the limitations of mind. My mind may be ignorant, my mind may not know various things, but the Awareness with which the mind knows, that Awareness illumines even the ignorance. Awareness is all-knowing. It is knowledge.4

4. य: सर्वज्ञ: सर्वविद्य्य ज्ञानमयं तप:  
    सम्प्रदीतदश्रव्या नाम हृपमन्त् च जायते  
    Mundakopanisad 1-1-9
Verse Four

Doubt:

Still how can I be that Brahman? For Brahman is said to be eternal and I know that I am mortal. The mortal may try to be immortal, but it is not possible. The terms contradict each other. Since I know all the fears of mortality, I, the mortal individual, cannot be Brahman, which is eternal.

न स्वतः प्रत्यभिज्ञानातु
निरंश्यात्रास्मात्र चान्यति।
न चाश्रयविनाशाश्चेते
विनाशं स्यादनाश्चर्यात्॥ ६ ॥

Na svatah pratyabhijñānāt
Niramśatvānna cānyataḥ
Na cāśrayavināśānme
Vināśāḥ syādanāśrayāt

I am not destroyed by myself,
Because of continued remembrance.
Nothing else can destroy me,
For I am not in parts,
Nor do I depend on any basis,
Thus nothing can destroy me.

The nature of the Self is not subject to destruction. ¹ In order for an object to be destroyed, there must be a connection between that object and the mode of destruction. ² When that connection takes place, then the object is destroyed.

Three types of destruction are possible: (1) The object can destroy itself, (2) the object can be destroyed by another means of destruct-

1. न जायते प्रियते वा विपक्षिते
   नाये कुत्सित्र वपूर्व काशितु
   अजो नित्यः शाक्षतोप्ये पुरणो
   न हन्यते हन्यमाने शांते
   Kathopanisad I-ii-18

2. अन्धेरोपर्ययमदागात्रयमकतोप्येष्वरय एव
   च
   नित्यः सर्वेऽत: स्थापयुप्येव समातनः
   Bhagavadgītā II-24
tion, or (3) the basis or essence of an object can be destroyed, thereby destroying all the subsequent qualities. A flower decays in time, thus destroying itself; or one can pluck a flower and destroy it; or, thirdly, if the substance of which the flower is made is destroyed, then the flower is destroyed. If the wood of a chair is destroyed, then the chair, along with all its qualities, is destroyed. The wood is the essence, or the basis, of the chair; if that goes, then the chair is gone. Which of these three modes of destruction can destroy the truth of the individual, the Self?

First, can the Self destroy itself? To destroy itself, it must go through constant change; but does the Self change? The body changes. The cells in the body die and new cells are born each second. The body which I had a year ago is not exactly the one which I have now. Thus, the body is constantly destroying itself. Once I had a child’s body; now, as an adult, I have an adult’s body. When I am old, I will have an old body, but the same person who existed in the child exists in the adult and will exist in old age. Thus, the body is constantly changing, but the indweller of the body stays the same.

If there were not a consistent indweller of my body, then I would have no memory of the various stages of growth. Since I remember each stage I have a continued remembrance of the various stages. If the Self were changing, then there would be no memory. The continued remembrance depends upon a changeless Self. Therefore, the Self cannot be in a process of self-destruction as the body is, for if it were, then the changes of the body could not be recorded.

Within one day I have continued remembrance of a consistent existence. While I awake I know that “I am” and that I am aware of the world. While asleep to the waking world, I am aware of a dream world, and, even in deep sleep, Awareness is there. If Awareness did not abide throughout the experience of deep sleep, then, when I woke up, I would not be able to say that I was the one who slept. I would have no recollection of the sleep experience. Since I do get up and say that I dreamt or that I slept, then an observing entity must be present during the dream and during the sleep states. I, being aware, recall the dream or the experience of deep sleep.

यस्माद्योन्माराश्वहुतुनि भूतान्येनमाल्यानां
नाशियः नोसहते तथसात्मिकोऽ
नित्यवासवत्वमेतः सर्वगतायात्माणुः:
स्पष्टपुरुषस्थिरं त्यत्ता

_Bhagavadgītā-Bhāṣya II-24_
The Self, therefore, is a constant factor throughout all the states of experience — waking, dream, and deep sleep. If the Self were constantly changing, a recollection of these various experiences would not be possible. If one self goes and another comes, then there is no connection between the two selves; one is dead completely, and then a new one is born. If this were the case, no knowledge would be possible — no growth would be possible, for the self which was there a moment ago would not be the self which is there now. No learning could take place, for memory would not be possible. If this were the nature of the Self — to undergo change and thus be destroyed — then I would not be capable of any frame of reference to recall experience. Since there is a continued remembrance, for both learning and memory exist, then the Self must be a constant factor not subject to change or self-destruction.

Can I then, be destroyed by another factor? Can an external factor burn the Self and lift it and take it away? Can it be slain or shot? Can someone bomb the Self or strangle it? Can any of these various factors destroy the Self?

If the Self had a physical body, or any kind of form then that form could be destroyed. Space, being formless, cannot physically be destroyed. I cannot set fire to space or go after space with a sword in hand. All things abide in space, but space is not destroyed when the objects are destroyed, for space has no parts. Similarly, Awareness has no form, no limbs which can be destroyed, thereby killing it. Therefore, Awareness cannot be destroyed by another means of destruction.

Finally, if I can destroy my basis, my very essence, then I can destroy my Selfhood. If I take a piece of cloth and destroy the cloth, then the clothness, all the qualities which make up the cloth, is destroyed. Also, if I take a clay pot and destroy the clay, then the pot is or the essence of the pot, is gone. Therefore, if I can destroy the Self, then my Selfhood is also destroyed.

I can destroy the qualities of an object by destroying the essential material of the object. If the Self is dependent upon another essence for its existence, then, if I destroy that essence, I can destroy the Self. However, the Self is not a quality, nor is it dependent upon anything for existence. Awareness is the independent essence of everything. Awareness does not have any qualities, but I know all qualities because of Awareness. If Awareness had a quality then it would become an object, it is the subject, the observer of all objects. All other things depend upon Awareness, including time and space,
but Awareness does not depend on anything. Therefore, I, aware and independent, cannot be destroyed. If I cannot be destroyed, then I am not finite. I am infinite.

Only one entity is infinite and that we call Brahman. No second entity can be infinite. The existence of a second entity would mean that the first would become limited, because only one limitlessness can exist. If there were two, then one would limit the other and neither could exist limitlessly. Since only one limitlessness exists, then I cannot be different from Brahman, which is indestructible and infinite.
Verse Five

This verse elucidates further the impossibly of the Self to be destroyed.

न शौष्प्लोषविक्लेद
च्छेदाशिन्नभोक्तम
सत्येरपनिलग्नयमः
शास्त्रेः किमुत कलिपते: || ५ ||

na śoṣaploṣaviklēda
cchedāścinnabhahso mama
satyairapyanilāgnynyambhaḥ
śastraiḥ kimuta kalipataiḥ

Space cannot be
Dried, burnt, drowned, nor stabbed
Yet air, fire, water, and weapons
Are as real as space itself.
Then, how can these destroy me
When they are imposed
Upon my space of awareness

The wind cannot dry up space, nor can fire burn it, nor can water drown it.¹ Space allows the wind to move within it, it allows fire to burn and water to flow. Although these elements can cause destruction to other objects, they cannot destroy the space within which they abide.

If space cannot be destroyed by any of these weapons which are as real as space itself, the Awareness, which objectifies space, cannot be destroyed either. From the standpoint of Awareness, these modes of destruction are apparent. Since they are apparent, they have no bearing on Awareness, which is real.² If there is no connection between the weapon of destruction and the object which is to be destroyed, then destruction cannot take place. As the destruction of

¹. नैनं फँच्चुष्टि शास्त्राणि नैनं दहति पावकः
   नैनं कलेद्यापो न शौष्प्लोषि पावकः: Bhagavadgītā ii-23

². महानं विपुलाशि मल्ला धीरो न शौष्प्लि Kathāpaniṣad I-ii-22
his shadow will not destroy the man, or the destruction of the face in
the mirror will not harm the real face, so, too, any weapon of
destruction exists apparently and only destroys apparent objects; it
cannot destroy the true Self.
Verse Six

Doubt:
The experience of the individual is limitation. I am defined by the boundaries of this body. I am here, not there. Pain to this body is pain to me. Destruction of the body destroys me. Perhaps there is a Brahman which is all-pervasive and the cause of the whole world but my experience is limitation. Therefore, the identity between me, the limited, and that which is limitless seems dubious.

अभासरूपस्य विश्वस्य
भानं भासनिघेर्विनां
kudācintākālpeta
भा चाहं तेन सर्वग: || 6 ||

abhärūpasya viśvasya
bhānam bhāsamnidhervinā
kadācinnāvakalpeta
bhā cāham tena sarvagah

Never is the insentient world known
Without its contact with Awareness.
I am that Awareness,
Which is all-pervasive.

An opaque object cannot be seen without a light source. I cannot see objects in darkness. Similarly, the entire world cannot be seen without a source of light. A sentiency which illumines the luminary must also be present in order for the luminary to be seen. The moon, the sun, the stars — any object, no matter how distant — is known by the light of Awareness. An object far away, such as a star, is bathed by Awareness. The object may be far from my physical body, but not from Awareness. As my physical body falls within Awareness, so does the distant star. Both are perceptions and both perceptions take place because Awareness illumines the capacity to perceive. As my body is sentient without the sentient Awareness to illumine it, so too this whole world is inanimate without Awareness to illumine it.¹ Since I am the one who illumines the entire world, I am all-

¹. तमेव भासं मनुष्याति सर्वेषा
कत्यासा सर्विनिमित्वम् विभाषति Kāṭhopaniśad II-ii-15
pervasive. This "I" is not the historical I nor the physical "I", but the I without history. I am sentiency and everything shines within me.

When I say I am here and not there, I say it only in reference to the physical body, but definitely not in reference to myself, for I, Awareness, am all-pervasive.
Verse Seven

Doubt:

To say that I am identical with that Brahman, which is the limitless, is untenable, because it is not established that there is a limitless. To establish this identity I must accept the concept of the limitless. If Bramhan, the limitless, is free of time, space and qualities, then it is nonexistent, because I cannot find anything which exists free from the time-space framework. I have no means of knowledge even to assume that there is an existence free from this framework.

This world bound by time and space seems definitely real to me. I cannot dismiss it. A limitlessness, free from time and space, seems totally imagined to me. The world is there as I am here, distinct and limited. The world is different from me, as the chair is different from me. I know only duality — myself and the objectified world. I do not find a non-dual existence anywhere. My means of knowledge, my sense of organs with which I take in the world, report to me only duality. My eyes are distinct from the objects which they see. I cannot have the knowledge of a non-dual existence, for I see and know duality only.

न हि भानादृते सत्त्वं

नते भानं चितोऽचितः।

चित्संभेदोऽपि नाध्यासा-

दृते तेनाहमद्वयं || ७ ॥

na hi bhānādṛte sattvam
narte bhānam cita’citaḥ
citṣaṁbheda’pi nādhyāsā
dṛte tenāhamadvayaḥ

Without Awareness, sentiency, An insentient object cannot be known. The contact of the sentient and The insentient is not possible Without superimposition.¹

For this reason, I am non-dual.

¹. युप्यदसमाल्योगोचरोपिनियोगोतमः:

प्रकाशाविद्यान्दणामथयोरितयंतर्यावादाय तत्त्व सिद्धायाम्

Brahmasūtra
Sāṅkara-Bhāṣya
In order for an object to exist, it must have the faculty of being "knowable" — meaning that I must be able to know the object. An object in and of itself does not have the characteristic of "knowability". The "knowability" of the object is dependent upon sentiency or my awareness of the object. If the sentient is dependent upon sentiency for its existence, then what kind of dependency is this? What relationship can exist between the sentient and the sentient? Where the sentient is, sentiency cannot be, as where there is darkness, light cannot be. Light and darkness cannot coexist. Therefore, simultaneous existence between the sentient and the sentient is not possible.

Yet I am a sentient being within an insentient world. The objects present themselves to me. How can I reconcile this paradox of being sentient within the insentient world, since sentiency and inseniency cannot possibly exist together?

Without sufficient light I may superimpose the images of a snake on the form of a rope. The snake and the rope have no valid relationship at all, for one exists and the other does not. No relationship is possible because there is only one object. A relationship connotes duality, but no duality exists in the case of the rope and the snake. One is apparent and dismissible, whereas the other is real. the apparent is a superimposition upon the real.

The insentient world is superimposed upon the sentient Awareness. The world, like the snake, is apparent, a projection upon myself, the Awareness. When I dismiss the apparent world, I alone am real. The world and myself are not two. There is only one Awareness. Therefore, I, Awareness, am non-dual nature of the Self — the dual world being the super-imposition.
Verse Eight

Doubt:

How can I be non-dual Awareness? My experience contradicts such a statement. Through experience I ascertain myself. I am a human being. I am fat or thin; I am hungry or thirsty; I see and touch. All of these are my personal experiences. If I am Awareness and Awareness is non-dual, then I no longer have the experience of hunger. Yet, I know hunger more definitely than I know non-duality. Perhaps through logic one can prove the existence of a state of non-duality, but logic can arrive at a conclusion which is entirely contradictory to personal experience. Such logic I can only take as speculative philosophy which is not going to aid me or make me free of limitations.

न देहो नेन्द्रियं चाहं
न प्राणो न मनो न धीः ।

ममतापरिरब्ध्यतः-
दाक्रिदतवादिदांधियः ॥ ४ ॥

*na deho nendriyaṁ cāhāṁ*
*na prāno na mano na dhīḥ*
*mamāparirabdhatvā-
dākridatvādididāṁdhiyāḥ*

Not the body,
Not the sense organs,
I am not the breath,
Nor mind, nor intellect.
They are seen as mine,
A play of the mind.
They are known as “this”.

My personal experience is that I am this body; therefore I am fat or thin, black or white, and I undergo all the pains and enjoyments of the body. But which I objectify is definitely not me. The object can be owned by me, but the owner is distinct from the owned. I say “my” body; it is a possession. The possession is not the possessor. My body is an object of my possession and distinct from me, the possessor. The physical body is not the owner, but it is the object
owned. My mind takes myself to be this body. When I use the demonstrative pronoun this, then I have objectified the noun. I do not refer to myself as “this”, but I refer to all nouns that can be objectified as “this”. Since I can say “this body” or “this breath” or “this mind” or “this intellect”, then I have objectified all of these qualities and they cannot be me, the subject. I know this body because I am aware of different sensations which take place within this body. I know this breath because I am aware of the act of breathing. I know this mind because I am aware of the various thoughts. Since I can objectify each component of my individuality, I cannot take it to be the truth of myself, but only an objectification which is not the subject. For these two reasons, objectification and ownership, all that is “this” cannot be me.

Just as I can see a clay pot, knowing it to be distinct from me, and I call it “this pot”, so too the body is distinct from me and is known as “this”. Just as I can have a coat on and say “this coat”, so too I have a body and I say “this body”. Sometimes I wear the dress of the heart and assume myself to be my emotions. When I am pensive, I assume myself to be the intellect. All the different parts of my individuality are roles within a play. An actor knows himself to be distinct from the role he plays; the various identifications are not real but are a play of the mind.

If I acknowledge the fact that the body, the sense organs, the mind, and the intellect are different parts of the individual, then am I to assume that the assemblage of these parts makes a whole individual? No, if the body is an object which I own, as are the sense organs and the mind, then how can the composite of these owned objects ever become me, the owner? All that which is seen as mine can never be me, but is only the costumes which I assume.

1. स एष ैैक्तिकैैक्तिक हेयरायास पार्नास हवा-हृद औरणवरावहरास वर्तमानवरास वर्तमानवरास IV-v-15

2-Verses 15-23 of the third section, seventh chapter of the Brhadāranyakopaniṣad negate the various components of individuality as not being the Self. I have chosen verse 22 to serve as a sample for the section.

यो विश्वासं तिष्ठति विश्वाःपति
यं विश्वासं न बैल, यथा विश्वासमन्तरो यमयति
एष त आत्मानायस्मृताम:  
Ibid. III-vii-22
Verse Nine

Doubt:

If all the parts of my individuality are merely costumes which I assume, then who am I? If I am to feel confident with my identity, then it must fall within my personal experience. My body, my sense organs, my mind are all within my personal experience. If I am not the body, nor my mind, then I must be one thought which owns the body and the mind. I am not all of the various modifications of the mind, but I am one basic thought which subsumes the identity with all the others. I am limited by the body and by the mind; the truth of myself must be the identification with these limitations.

साक्षी सर्वनिधिः प्रेया-
नाहि नाहि कदाचन
परिशालिन्दे
परितापिन्यहुत्वा भव॥ ९ ॥
sākṣi sarvānvitah preyā-
naham naham kadācana
pariṇāma-pariccheda
paritāpaipriyūpraplayāt

I am
The witness
In all experiences-
And I am
All joy.
Falsely
I am connected
With change,
Limitation,
And sorrow.

I am the one who is independent of all things that are seen. I am a witness to all states of experience. In deep sleep, when I am not identified with my body nor my mind, I do not have mental or physical limitations. Yet, I am there. I witness the experience of sleep. When the mind resolves in deep sleep, I have the experience of total ignorance, of not knowing anything. As Awareness, I am
there during that experience. Only my mind is in darkness — no objectification is taking place. When I awake and my mind begins objectifying again, then I say that I was asleep. In order to say that I was asleep, I have to be aware of the experience of sleep. To be aware of this experience means that I witness the sleep. I am there as Awareness witnessing the experience of sleep. Awake, in dream, or in deep sleep, I am the witness of all experiences.¹

When my mind resolves in deep sleep there is no ahamkāra, or basic thought subsuming identity of all others. Even though I have no thought in that experience, still “I” remain. The “I” which witnesses the experience of deep sleep is not dismissed by any experience, but the “I” which identifies with all forms of physical and mental limitations is dismissed by the experience of sleep.² Therefore, the “I”, the witness, is the truth behind all experience, but the limited “I” which identifies with experience is notional.

Experiences are always changing, and an experience by its very nature is bound by limitation. The experience begins, is sustained, and ends. Even if the experience is one of pleasure, still it is backed by sorrow, because it will end and in its parting, pain comes. To identify with experience is to identify with change, limitation, and sorrow.

When I see that I am the witness behind all experience then I know that I am all joy, never subject to loss or parting. I have no fear of nonexistence, for always I am. Free of fear, I am joy. Identified with experience, I am full of fear. Notionally, the ahamkāra identifies with the experience, and this notional “I” has all the opposite qualities from the truth of myself. If I identify with experience, then I am always changing, completely limited, and subject to sorrow. When I witness experience, then the change is seen by me, the observer. I am not connected to the qualities of change and limitation. I watch them come and go. I am a witness.

1. त्रिषु धामसु यज्ञेऽज्ञे भोक्ता यष्ट्य प्रकृतिति:  
वेदेततिर्थं यस्य स भुज्जानो न लियते  
Māṇḍūkyopaniṣad/Kārikā I-5

2. तद्वैतत्वपः समस्त: सम्प्रसं: स्वप्रें  
न विज्ञानालेख्य आलेखि  
Chāndogyaopaniṣad VIII-xi-1
Verse Ten

Doubt:
Witnessing is an experience. I experience the act of witnessing. Therefore, the truth is the *ahamkāra* (the "I notion") which identifies with experience and change.

In sleep
Anxieties
Desires
Are not seen.
Changes are for
The changing self,
Not for me
Who sees the change.

In sleep all the desires, all the anxieties, all the ways of dividing up the world into pockets of likes and dislikes are not there.¹ I can exist free of these limitations, for these limitations belong to a notional self, the *ahamkāra*.² If I feel that I am only the *ahamkāra*, that I am

¹. तद्य अस्वेतदत्तिच्छुद्धा अपहतपापाभयं रूपम् । *Bṛhadāraṇyakaopaniṣad* IV-iii-21
². यथा सोय्य मघु मघुकृतो नितित्तिति
  नानात्मायानां वृक्षणोऽस्मासमवहारमेकता
  रसं गमन्यति
  ते यथा तत्र न विरेक्षे लम्भोपवुष्यां
  वृक्षण रसोपदयोभूतम् खलू सोय्यम्;
  सर्वं: प्रजा: सति सम्बद्ध न विदु:।
  सति सम्पद्यात्म इति । *Chāndogyopaniṣad* VI-ix-2
never free from the limitations of my life, then I have not sufficiently discriminated between myself and the notions encrusted around my existence. A clear crystal will seem red when it is put near a red flower or change to green when put next to a leaf. A discerning eye, however, will know that the crystal appears as though changing colour but the truth of the crystal is pure and clear. As an individual within the world I appear as though limited by the limitations of my individuality, I am free of limitation. The notions of limitations belong to the ahamkāra, but not to me.

As a witness I do not perform action. My mind perceives experience, but the perception of that experience is illumined by and actionless Awareness. As a light illumines all the activities which take place on a stage and yet it is never the actor, so too the Awareness illumines all the changing activities of my mind, yet it never acts. The ahamkāra identifies with action, whereas the Awareness illumines the activity of the ahamkāra. I can objectify the action of the ahamkāra. If I can objectify it, then it cannot be me, the subject, for I am the witness of the changing ahamkāra.

3. अस्मदादैवत्वं सूक्ष्ममुक्तं परिवर्तन्यं उपागमाता सिद्धिविद्याध्यायदेवानेऽहंतर्प्पोपितविद्यार्थर्ग-कान्तेनविरुचिक्रमः \nसम्प्रभुवं इव चित्तार्थिवन्दवमासस्ते
Kathopaniṣad I-ii-21
Śāṅkara-Bhāṣya
Verse Eleven

Doubt:
Perhaps all my anxieties and limitations, my likes and dislikes resolve at the time of sleep, but then so do I. Sleep is, and at that time I am a sleeper. I am not aware of anything. Thus, Awareness itself resolves in the state of sleep.

सुप्तः सुप्तः न जानाति
नासुप्ते स्वप्नजागरोऽ
जागरतंस्वपनसुप्तिनः
साक्ष्यतो हमतदद्रशः: || १९ ||
suptah suptam na janaati
nāsupte svapna-jāgarau
jāgrat-svapnasusuptinām
sākṣyato ha mataddṛśaḥ

A sleeper
Does not objectify sleep.
But one who is free from sleep
Is free from waking and dream
And is the witness of all three states.
Therefore, I am free from all states of experience.¹

I am not always a sleeper. When I wake up, I dismiss the state of sleep. When I dream, I dismiss both the waking and sleep states. The waking state negates the sleeper, as the dream negates the waker, and sleep negates the dreamer. Each state of experience cancels another one. I am not an absolute dreamer, nor an absolute waker, not an absolute sleeper. At various times I sleep or dream or am awake. Who exactly goes into sleep and comes out again, or dreams and wakes again?

Since I change from sleeper to waker, there must be a changeless

¹. नान्त: प्रज्ञावेदिकम् कोम्यथ: प्रज्ञावेदिकम् प्रज्ञावेदिकम्
    न प्रज्ञावेदिकम्। अदृश्यमेकवाल्मीकेशुक्लमचिन्ति
    न्यायविदेश्याम्यामेकवाल्मीकेशुक्लमचिन्ति
    शास्त्री शिवासंहृते चतुर्यथे मन्यते स आत्मा
    स विद्येयः।

Māndūkyopaniṣad 7

32
Self which does not undergo the experience of change. In sleep I do not perceive any experience because my mind, being resolved, is not available for objectification of experience. Although no experience is perceived, still I am existent. I do not cease existing during sleep. The "sleepership" or "wakership" belongs to the modifications of the mind, but not to me who is aware of the modifications. If I were only a waker, then I could not become a dreamer or a sleeper. Since I know all of these states of experience, then I cannot, solely, be any one of them. Since I am not any of them, I am free from all of them. I do not really become the waker, nor the dreamer, nor the sleeper. The ahamkāra identifies with the different states of experience, but I, the witness of the ahamkāra am free from all states of experience.

2. यदै तत्र पर्यायते पर्यायतिः तत्र पर्यायति,
न हि इत्यैव परिनिर्लोपे विषयं पवित्रादात्।
न तु तद्विदुपपस्यतो अन्यायाभिषिक्तं
यत् परितिष्ठतू॥

Brhadāraṇyaka Upaniṣad IV-ii-23
Verse Twelve

By further analysis of the three states of experience, I see that I am distinct from these states.

विज्ञाविरिति: सूप्ति-
सत्यानम स्वप्नजागरोऽः
तत्साक्षिण: कर्यं मे स्थु-
नियमानय ते त्रयः ॥ १२ ॥

vijñānaviratiḥ supti-
stajjanma svapnajāgarau
tatsākṣīṇah kathāṁ me syur-
nityajñānasya te trayaḥ

In sleep
The knowledge of various objects resolves.
While I am dreaming or awake,
The knowledge of various objects manifests.
How can I be these three states of experience,
For I am always Awareness
And always the witness.

Knowledge of particular objects is called viśesa vijñāna. This particular knowledge is available in the dream and waking states, where we perceive various objects. Awake we may see a mountain or a river, as we would see the same objects in a dream. In deep sleep we neither see the definite objects of the waking world, nor do we perceive a dream world.¹ While we are asleep, the knowledge of various objects resolves, for sleep is a consistent state in which there is a consistent negation of particular knowledge.

Since particular knowledge is the common experience while either dreaming or awake, then these two states are similar. the waking objects seem to enjoy a more lasting existence, for I return to them daily, whereas the dreamt objects are more ephemeral and

¹ स्वाभाविक: सुखदृष्टि: सुख-स्वाभाविक
स्वाभाविक कल्पितजीविकाल्यके
सुविद्याये सकले विलोणे
त्योमपमूत: सुखरूपांपैतिः । ।
Kāivalyopaniṣad 13
endure for a shorter period of time. The waking objects are seen as being external to my sense organs, whereas the dream objects are internalized. In both states the objects are bound by time and are known because I objectify them. However, both the dream and the waking states are comparable because the knowledge of various objects manifests.

While asleep there is no objectification. The difference, then, between the two distinct states. waking/dream and sleep, is only a thought modification. In waking or dream there is the thought modification of duality — my mind perceives objects. In sleep, duality is not there. In order for the thought modification to come and go, there must be an observer who witnesses the absence and presence of the objectifying mind. I know that sleep comes, then waking comes. To have this knowledge I must be there, present during the resolution of the mind. The mind resolves — sleep. The mind returns — I call it waking. Therefore, the states of experience change, but Awareness remains as the observer. As the observer I am not really involved in waking, or in dream, or in deep sleep. In Awareness all these three states of experience take place.

Awareness cannot go. If it did then there must be something to witness that, then that thing must be sentient; it must be aware. If it is awake, then it is Awareness. So Awareness will always be the constant behind the coming and going of all things. A thought is born, but it is born in Awareness. Awareness is never born, but always is. Since the three states of experience come and go, they cannot be me, for I am always Awareness and always the witness.

2. सत्प्राध्यानोत्पन्नं: प्रतिप: सपालः
   एकोनविशालितामुखः प्रविविवक्तपुःतैजसो
   दितीय: पादः
   
   Māṇḍukyopaniṣad 4

3. यद्वेतन्त्र विज्ञानाति विज्ञाकाते तत्र
   विज्ञानाति, न हि विज्ञातुर्वित्वातेविषयपरितोषो
   विषयदेविविषाणिविश्वासं नू तद्विषयपरितमसि
   तत्ततोन्यद्विभाषवं यथिज्ञायामाधुर्
   
   Brhadarāṇyakaopaniṣad IV-iii-30

4. पुत्रायं क्रीडति यथ्य जीवस्ततलय जातं सकलं विचित्रमुय
   आधारान्सांमुख्यं वत्समतेः
   यस्मैल्लयं याति पुत्रायं च
   
   Kaivalyopaniṣad 14
Verse Thirteen

Doubt:

If the Self is a witness, an observer, then why do I undergo a change? I keep changing. I was a child, then an adolescent, now an adult, and soon I will be old. If I were a witness, then I would not undergo these changes. Since I undergo these changes, I do not think that I am a witness. The Self which undergoes changes alone is true.

षद्विकारवतां वेता
    निर्विकारौहमनयथा ।
तद्विकारानुसंधानं
    सर्वथा नावकल्पते ॥ १३ ॥

ṣadvikāravatāṁ vettā
nirvikārō'hamanyathā
tadvikārānusāmdhānām
sarvathā nāvakalpate

I am the knower of the six-fold modifications.
Since I know them,
I am free from them,
If I were not free from them,
I could not know them.

Each individual, each living creature goes through six definite modifications. the first is existence (one exists within the womb); then, one is born, one grows, changes, decays, and dies. Inert objects as well go through changes; they wear out or fall apart, and thus die. Each part of creation experiences mutation.

Since everything goes through mutations and modifications, then who is the one who sees all the changes?¹ The one who observes the chair’s getting old and unusable need not have the characteristics of the chair. What the observer sees are not his or her characteristics,

¹. सुयोऽ यथा सर्वलोकस्य चक्षुण्म
    लिप्यते चाशुचैवचाक्षुद्रोऽरः
    एकस्तथा सर्वन्तत्त्वामि
    न लिप्यते लोकस्य केलोऽरः: *Kaṭhopaṇiśad* II-ii-11

36
but the characteristics of the object seen. They are other than the observer.

If I see the six modifications of the body as characteristics of the object seen, then they cannot belong to me, the observer.² Even within my mind, thoughts exist; they surface, they grow and change, they become decayed and die. I have a desire; it comes to mind, I go after it and fulfill it; it changes, become stale, and dies away. Since I can watch the desire come and build, change and die, I cannot be the desire, for the desire rises in my mind, but I am the watcher of desires. For each part of my individuality to go through these modifications, there must be an observer who perceives the constant change.

If desire were the nature of the Self, then I would not be able to give up desire. Since I am the knower of desires and each desire is seen by me, then I am not the desire. All that I can see — all the changes of my body and mind — I can objectify and know. Change cannot exist without the perception of the change. Therefore, the modifications are dependent upon my perception of them. In order to know them I must be independent of them. If I underwent a change then I could not have the appreciation of the modification. Since I appreciate this modification, I do not change. Anything which changes has an apparent existence, because as it changes it is dismissed by time. But that which does not change is free of time.

2. न जायते प्रियते वा कदाचि-
   ज्ञायं भूल्ला भविता वा न भूयः।
   अजस्य नित्यः शाश्वतं पुरुषोऽन
   न हन्यते हन्यमाने शरीरः।

   आत्मनमेव पश्चात्भविषयकाः
   लोककल्याणेन विवेकीश्वरः।

   आत्मनित्यं विज्ञानं
   सर्वविद्यार्थ्यांनविन्यासते।

   वाच्यायां वाच्यार्थः।

   Bhagavadgītā II-20
   Bhagavadgītā Śāṅkara-Bhāṣya II-20
Verse Fourteen

Doubt:

No separation exists between a modification and the thing which is modified or changed. If the two were separate then the modification would not be upon that particular entity but upon something else. Whenever a modification takes place, the entirety of the modified entity must necessarily change. Since both my body and my mind are subject to modification, then the Self must also be subject to these changes.

तेन तेन हि रूपेण
जायते लीयते मूहः ॥
विकारि वस्तु तस्याया-
मनुसंधातुता कुतः ॥ १४ ॥
tena tena hi rūpeṇa
jāyate liyate muhuh
vikāri vastu tasyaśa-
manusamdhāṭtā kutaḥ

With each form of modification,
Something is created and dissolved,
Again and again.
If one's nature is to see these changes,
How can it be identified
With the modifications?

If the Self changes because changes are taking place, then where exactly do these changes take place? Do they take place in the Self, or is the place of modification other than the Self? If the physical body is now a child's body, enjoying childhood, then the childhood belongs to the physical body. A change takes place, making the body an adolescent one or an old one. The modification of old age and the body are identical, as there is not separation between the modification and the object modified. An object, being always in a state of change, is thus always subject to mutation. Therefore, with each

1. यथा सोग्येकं मूलिष्येण सवे
   मृतस्य विमलात् खाद्याचारम्पण विकारे
   नामस्येः मृतिकेर्तेव सत्यम् ।
   Chāndogyopanisad VI.4-4
change the previous form is dissolved and a new form is created. These forms are not different from the modification which take place on them.

In order for these modifications to be known, there must be a subject who sees the changes taking place. If that subject also undergoes a change, then there would be no one to recognize the change. Thus, since recognition does take place, there must be a consistent entity which recognizes the changes. This entity cannot be identified with the change if recognition is to take place.

Although both the mind and the body are subject to various changes and conditions, a constant exist which does not undergo any of these changes. This constant must be the truth of my nature and not the changing conditions; for the changing conditions come and go and have no permanency to them. Thus, that which does not change can be said to my true nature.
Verse Fifteen

Doubt:

In order to observe changes, the Self need not be a constant entity which does not change. The Self could be changing so quickly, so rapidly, that it appears as constant. On that appearance of a constant entity I observe the changes of my mind and body. Just as a light beam is not in truth a steady column of light but consists of minute particles which give the appearance of a beam, so too the Self is made up of flickers of consciousness, the flow of flickers being so rapid that it appears as a steady beam. The changes are so fast that I am not able to deduce them in myself, but logically I can conclude that the Self changes.

न च स्वज्ञ नाशं वा
दृष्टंमहंति कक्ष्ण ।
तौ हि प्रागुत्तरभाव-
चर्मप्रथमक्षणी॥ १५ ॥

na ca svajanma nāsāṁ vā
dṛṣṭām mahahati kascana
tau hi prāguttārabhāva
caramapraṭhamakṣaṇau

No one is able to see
One’s own birth and death,
Because birth is the last second
Of prior nonexistence,
And death is the first second
Of posterior nonexistence.

If by logic we try to prove that the Self keeps on changing, then we must say that, with each flicker of consciousness the obtaining Self is dead and another Self is born. If we say that the rapid succession of flickers of consciousness makes any change imperceivable, then we must conclude that consciousness is constantly born and is constantly dying.

What, then, is birth? Birth is the last second of prior nonexistence of a particular thing. When that which was not comes into being, we call that event “birth”. Then what is death? Death is the first second
of posterior nonexistence: when the nonexistence of a particular thing begins, we call that event "death". These two events, birth and death, naturally involve an observer, for without an observer there is no event. Someone must be there to recognize the occurrence of these two events. If consciousness itself comes and goes, then there is no entity to mark the last second of prior nonexistence or the birth of consciousness itself. If prior to birth, nonexistence alone obtains, then how can we say that consciousness is born? Nothing is there to note the birth.

Similarly, since death is the first second of posterior nonexistence, then in nonexistence alone is death noted. But nonexistence cannot note anything, since it is, by its very definition, nonexistent. In order for birth or death to be noted, one would have to exist prior to one's existence and then would have to exist posterior to one's existence. Thus it becomes contradictory to say that consciousness has a birth and a death with each second.

If I assume the flickers of consciousness to be thoughts, still I cannot take myself to be a thought, for I recognize the beginning, or the birth, of each thought. If I recognize the thought's birth, then I had to exist prior to the existence of the thought. If I take myself to be a thought, then how can I exist prior to the existence of the thought and recognize the thought? I can only exist as consciousness in which the thought is recognized. If I did not exist as consciousness then I could not mark the birth or death of any particular thought. Since these are noted, I can conclude that I exist as consciousness previous to the existence or birth of any thought or modification.

Thus logically we cannot establish that the Self exists as flickers of consciousness, nor do we have any other means of knowledge to arrive at such a conclusion. I know that "I am" previous to any thought or modification. I do not die with the nonexistence of a thought, nor am I born again with the birth of a new thought. As consciousness, I exist even between thoughts.
Verse Sixteen

Doubt:
I don’t think it is possible to get rid of my limitations. The scriptures say that all my limitations are born of ignorance of myself and that if I remove the cause of my limitations (ignorance), my limitations will also be removed. When a cause is removed, the effects born of that cause are also removed, as the cloth is burnt upon burning the threads of which it is made. Similarly, when ignorance goes, the effects of that ignorance should also go. But this is not the case. Even though the person with Knowledge has removed ignorance of the Self, still I find that person with a physical body and a mind, both effects of ignorance. The individual still suffers the limitations brought about by identification with the body and the mind. Hunger continues, thirst continues, and even death is not avoided. Either ignorance is not the cause of these limitations, or the cause for these changing limitations must be something else.

Also, if this whole creation is born of ignorance, then it follows that when ignorance is removed, the creation dissolves. But dissolution does not take place upon Self-knowledge. Therefore, no useful result comes from the attainment of Knowledge.

न प्रकाशोऽहमित्युक्ति
यत्रप्रकाशनिभस्यना
स्वप्रकाशं तमात्मानः
मप्रकाश: कथं स्पृश्तः || १६ ||

'नā prakāśe'hamityukti-
yatprakāśanibandhanā
svaprakāśam tamātmāna-
maprakāśaḥ katham śṛśet

The sentence
"I do not shine"
Is dependent on Awareness
That Self, which is self-effulgent —
How can ignorance touch it?¹

¹: यत्समसित तिःस्तमसोप्ततः, येन तमो न वेद,
यस्य तम: श्यरेन, यत्समसोप्ततः यमयति,
एष त आत्मान्त्यायम्: Bṛhadāranyakaupaniṣad III-vii-13

42
Actually, ignorance does not exist. If I say, "I do not shine", I mean that I am ignorant of my self-effulgent nature; therefore, I take myself to be a being subject to limitation and change. In order for such a statement to be made, a knowing, sentient entity must be present. If I were totally ignorant or insentient, like a table or a chair, then I could not make such a statement. Knowing that I am ignorant or that I am subject to change is possible only because I am aware of ignorance, or limitation. Thus this very ignorance — thinking that I am subject to change — is dependent upon my Awareness. That Awareness is the nature of aham, or "I". No matter what the statement, the very fact that a statement is made reveals the Awareness, myself, which illuminates the statement. Therefore I, in the form of Awareness, am self-effulgent.

That Awareness is the content of "I", and everything else is an addition. Awareness is not an adjunct nor does it arise due to any circumstance. It is one’s very nature. No adventitious statements about myself can touch that self-effulgence. All statements exist because of Awareness alone, which is free of any conditioned statement.

If I am ignorant, I am conscious of being ignorant: I am Consciousness first; ignorance is secondary. That Consciousness which objectifies the notion "I am ignorant" is not touched by that ignorance. "I am ignorant" is a particular mental modification which takes place within Consciousness. Just as light illumines any opaque object, so too Consciousness illumines ignorance or any other mental modification. As light is not opposed to an opaque object, so too Consciousness is not opposed to ignorance. But the mental modification "I am all Awareness" or "I am Consciousness itself" is opposed to ignorance. Thus the notion of ignorance can be removed by an opposite mental modification. If by the words of the teacher I can appreciate the fact that I am all Knowledge, then my ignorance is removed. Ignorance, therefore, can never be able to touch or cover Consciousness.

Since Awareness is not dependent upon anything, neither ignorance nor any other factor can change its nature. If Awareness were the effect of some particular cause, then once the cause changed, the effect would change. Since it is not an effect, there is no cause or basis which can alter it. Awareness is not born out of circumstances or available only at a particular time. The eyes, for example, may be able to see only at a given time; if the mind is preoccupied, then the eyes do not perceive the immediate objects.
Thus, the eyes or other organs of perception are dependent upon the mind behind them. The mind also depends upon certain conditions for thinking. But Awareness does not depend upon certain conditions for thinking. But Awareness does not depend upon the mind or the sense organs or any other factor because it is self-luminous. Because of it, mind and other sense organs shine. Since it is self-luminous, it doesn’t undergo any change nor can any factor affect it.

2: तमेव भान्तमर्माभाति सवैः
तस्य भासा सर्वविदिन्विभाति Kaṭhopaṇiṣad II-iι-15
Verse Seventeen

Doubt:
The doubt which was presented previous to verse sixteen is still being answered in verse seventeen. A doubt can be answered in one of two ways: One can dismiss the doubt by showing that the very premise of the doubt is false; and one can accept it and resolve it. In verse sixteen the doubt was dealt with the first way. Now in verse seventeen, the same doubt is taken into consideration and then dismissed.

tathāpyābhāti ko’ pyeṣa
vicārābhāvajīvanah
avaśyāyaścidākāśe
vicārārkodayavadhiḥ

Even though ignorance is not in Awareness,
Yet in the absence of inquiry
It seems to appear.
Until the sun of inquiry rises,
The dew of ignorance lives
Within the space of Awareness.

Although ignorance may not affect Awareness, still ignorance is. Ignorance is known to me, just as darkness is known to me. Even when light is not present and I cannot see any objects, I see darkness. I am able to appreciate the fact that there is no light.

Similarly, when I say that ignorance is, that ignorance is known to me. If I am obliged to say that ignorance exists, then I can trace that ignorance or find its basis only in myself. I cannot place ignorance in the physical body or the mind, or the perceptual world because they are products of ignorance. Therefore, if I am to admit to the existence of ignorance, it can only exist within my Awareness.

"I am ignorant" is a notion illumined by Awareness, which is the nature of "I". Therefore, the thought "I am all knowledge, Aware-
ness" will eliminate the notion “I am ignorant”. If I do not know what a pot is, the only way I can eliminate the ignorance of pot is to see a pot and have it pointed out to me that “This is a pot”. So too, in order to remove the ignorance of myself, I must have a particular thought modification which allows me to know myself as Awareness and which removes any notion of ignorance.

In order to produce this particular thought I must inquire into the nature of myself. Ignorance subsists on the lack of inquiry. As long as I do not question “What is a pot?” the ignorance of pot remains.

Knowledge of myself cannot take place without inquiry. Just as I must use the means of knowledge, my eyes, to see the pot in order to know the object “pot”, similarly, in gaining knowledge of myself I must use the appropriate means of knowledge, pramāṇa, to grant a condition wherein I am able to eliminate ignorance of myself and appreciate the truth. The words of the teacher function as a means of knowledge to remove that ignorance of myself. If one has listened to this teaching and still ignorance remains, then the intellect has not been adequate to appreciate the teaching and inquiry is not complete for the student. Inquiry must continue until all doubts and errors are removed.

With reflection and contemplation on the teaching, all notions are removed and only the truth of oneself abides. As one who has panned for gold will go on removing all the dirt from the raw lump of gold until only the pure gold remains, so too, one may gain the gold of Knowledge, but along with doubts and various other errors, which must be removed until only the purity of one’s Self is seen. Just as dew remains on the grass or a suspended fog appears to envelop formless, shapeless space until the brilliance of the sun’s rays disperse the moisture, so too, ignorance remains until it is dispersed by the sun of inquiry.

1. आत्मा वा अवे प्रश्नम्: श्रीतत्त्वो
   मन्त्वो निदिष्टपित्यो मैत्रीं, आत्मो
   वा अवे दर्शनं श्रवणेन मत्ता विज्ञाननेदे
   सर्वं निदित्तम्

Bṛhadāranyaka Upaniṣad II-iv-5
Verse Eighteen

Doubt:

The *Karma Kāṇḍa* elaborately describes various rituals and the results of those rituals. Why should it go into such description for an individual who has only an apparent reality? Why should it spend so many pages telling about proper action and improper action and their results? If individuality is only apparent, then the scripture should point out just the Reality.

If this creation, born out of ignorance, has no substantial truth to it, then the entire *Karma Kāṇḍa* becomes useless. How, then, can one portion of the Veda be useful and the other part useless? Vedanta, being part of the Vedas, cannot alone be a means of knowledge. The Veda, in its entirety, must be taken as a means of Knowledge (*pramāṇa*), not just one portion.

\[
\text{आत्माज्ञानमहानिद्रा-} \\
\text{जृष्णितेजस्मिनःगमये।} \\
\text{दीर्घस्कृते स्थुरन्ते} \\
\text{स्वर्गमोक्षादिविप्रमा:।} १८।।}
\]

\[
\text{ātmājñānamahānīdṝ-} \\
\text{jṛmbhite' smiñjagamanmaye} \\
\text{dirghasvapne sphurantyete} \\
\text{svargamokṣādivibhamāḥ}
\]

Delusions like heaven and liberation
Appear in this world,
Which is a long dream
Caused by the great sleep of Self-ignorance.

Does the *Karma Kāṇḍa* become *apramāṇa* before or after Knowledge of *Brahman*? Before knowledge, it is not useless; after knowledge, it is, of course, useless. The *Śruti* says various things about what the *brahmacārī* has to do. Afterwards, once the *brahmacārī* becomes a householder, all the commands meant for the *brahmacārī* are cancelled. When he becomes a *vīṇapraṣṭha*, he is relieved of a number of duties that a householder has to perform. Again, if he becomes a renunciate, he is completely released from all duties. The scriptures themselves point this out; thus, at each stage, the por-
tions dealing with the other stages become apramāṇa. The entire Veda is a pramāṇa only in reference to whom it addresses.

Śruti is a means of knowledge for the one who takes this empirical or transactional reality as absolute.¹ The Śruti knows that the empirical world is only apparent, but that it is universally accepted as real. Limitation is taken as real; the attempt to be free of limitation is also real. Therefore, relief must be given to the one who is wanting. The Śruti points out all the possibilities of enjoyment that a person may pursue. The Karma Kāṇḍa is a means of knowledge for the one who is interested in various results and various forms of experience, including heaven and various spheres of existence after death.

However, the Karma Kāṇḍa is not a means of knowledge for the one who has appreciated the limitations of results and of various forms of experience. For such a person, Vedanta is a means of knowledge. Then, after one has understood the apparent nature of limitation, Vedanta is no longer useful to that one. Thereafter, the Śruti has nothing to offer, because one is free from any sense of limitation.

If Vedanta itself has nothing to offer the liberated one, how can the Karma Kāṇḍa, which addresses the limited person, be useful to such a one? Since the latter portion of the Veda has already given one the knowledge that the world is apparent, that one is free of the limitations of time; Self-ignorance has been destroyed. Therefore, the Karma Kāṇḍa is definitely not going to be a means of knowledge for him.

If one wants to attain another sphere of experience, one needs a means of knowledge in order to know how to attain it. If one wants liberation, one needs to know how to obtain freedom. The desire for varied experience or for liberation exists only before knowledge. When one knows oneself to be forever free — free from bondage and free from experience — then one no longer needs a means of knowledge. Thus a pramāṇa is useful only for one who does not know.

The ignorance of one’s Self is like a great, long sleep that is present even while one is awake. From beginningless time this sleep has existed; from it, the creation is projected. When one is asleep (in the

---

¹ तत्त्वज्ञानिरावरणद्वारा मात्रालिङ्गनिरीक्षार्थात्
पुरुषस्तुत्य सर्व प्रमाणस्मृतिभ्यो वहारा
लौकिकः प्रज्ञान: समबौः च
शास्त्राणि विविधोपदेशमोक्षार्थाणि

Brahmasūtra
Śāṅkara-Bhāṣya (Introduction)
usual sense) and wakes up only partially — not to the physical world but to one's memories alone — the experience is called dream. Ignorant of the waking world, the dreamer creates a subtle world for himself. However, in this projection which we call the waking state, the creation is a "lengthened dream". Once awake, one shakes off the usual kind of dream easily, but this "lengthened dream" continues for some time. In the dream anything that appears is delusory: the dream tiger that one is afraid of, the dream gold that one runs after. Similarly, in this lengthened dream, the various means that one adopts and the various ends which one wants to gain are all illusions.

As the dreams and the dreamer are false, so also the waking and waker are false. The waker, the samsāri, makes an attempt to get this or that. The attempt is false and the end is false. All the false notions appear valid as long as one is under the spell; whatever the experience, it is real. When one gets out of the spell, all that was experienced becomes unreal — just as one shakes off the dream upon waking up in the morning, even though, during the spell of the dream, it was experienced as very real. So too, within the experiences of this creation, happiness is real, misery is real, desires are real — as long as one is under the spell.

How does this waking world differ from the dream world? The waking state has an objective reality, whereas the dream enjoys only a subjective reality. While awake, one knows that one is imagining, whereas in dream one does not know that one is imagining. This is the only difference between ordinary imagination in the waking state and the imagination that is operating in the dream state. Even though in both cases the mind is merely spinning, still one feels that one is truly undergoing experiences while in the dream. Whereas in the dream there is a self-forgetfulness, in waking, one is conscious of one's imagination.

In dream, when I come to appreciate that I am dreaming, that appreciation is a sign of waking. Similarly, when I say, "When will I get out of samsāra?" I show some signs of waking. While under the spell, I cannot do anything. However, if I happen to discern the fact

2. यत्र वाच्यदिति स्वात्त, तत्रायौज्ञब्रह्मस्मितु 
अन्योज्ञब्रह्मस्मितु, अन्योज्ञन्यत्रस्मितु, 
अन्योज्ञन्यत्रदेतु, अन्योज्ञन्यत्रपृष्ठितु, 
अन्योज्ञन्यमुनितु, अन्योज्ञन्यस्पृष्टितु, 
अन्योज्ञन्यहितानीवितु।

*Bṛhadāranyakopanishad IV-iii-31*
that everything is only goading me to continue in the same vicious circle, that I am only giving new momentum to it, then I have come to question the spell. For the one who is still under the spell, who still wants happiness from the world and from experiences, the *Karma Kāṇḍa* is the answer.

Both Vedanta and the *Karma Kāṇḍa* are means of knowledge for the *samsāri* — neither is a means of knowledge for the wise man. "Whom do they address?" is the question. If a person seeks liberation, then Vedanta alone is the means of knowledge. As a *pramāṇa*, it dismisses the world as being apparent. An apparent or false thing need not be dismissed at all if it is seen as apparent; but until it is seen as apparent, it has to be dismissed. Therefore, the *Sruti* becomes a means of knowledge for dismissing what is false and showing what is real. The entire *Sruti* is a *pramāṇa* — a means of knowledge for keeping the spell going for the one who doesn't feel a longing to break the spell — and also for helping one to get out of the spell if one wishes to.

3. छन्दोऽसि यज्ञः क्रत्वया ब्रतानि
    पूर्वं भवं वच्य वेदा वदनि
    अस्माऽ मयो सृजते विद्वेदेत-
    तत्स्मिन्धान्यो मायया समीक्षः: Śvetāśvatara Upaniṣad IV-9
Verse Nineteen

Doubt:
If Ātmā is one — one Awareness — then why do I experience the world as though I were an enjoyer and the world were an object to be enjoyed? The objects are inert, and I, the enjoyer, am a sentient being. Therefore, there are two entities: the sentient and the insentient. How do you account for this difference if Ātmā is one?

In dream, a person, being sentient, creates a dream world: an inert mountain as well as a sentient human being. From one mind alone both the sentient snake on an inert rope. On the other hand, a sentient snake can also be taken for an inert rope. Both the inert and the sentient can be imposed upon each other. The human being is capable of any super imposition — this is what is called Māyā.

The mind is the platform for the projection of the whole dream

1. स वा अयमात्मा ब्रह्म विज्ञानमयो
   मनोमयः प्राणमयःशुद्धिमयः श्रोत्रमयः
   प्रक्षिप्तिमयं आयोमयं आकारसः
   मयेत्सोमयोत्स्तेजोमयं काममयोकाममयः
   क्रोधमयोक्रोधमयं धर्ममयोधर्ममयः
   सर्वमयसत्तादेतिदिगमयोउदेतोमय इति
   Bhādarānyakopaniṣad IV-iv-5

51
world. In the dream, I am the enjoyer with objects to enjoy. Both the enjoyer and the enjoyed, being products of my mind, are imposed upon Consciousness. Both are thoughts which are modifications of Consciousness. The imagined duality, of enjoyer and enjoyed, resolves into one Consciousness. The differences are created, not real.

On a plain canvas, whose top, middle, and bottom are one even surface, is portrayed a running horse, a tree, and a mountain. The tree and the mountain are motionless, whereas the horse looks as though it were moving. Upon one surface both the sentient and insentient are seen. Similarly, upon the one Consciousness various forms will resolve into one Consciousness, one Awareness alone. The object is in Awareness; the experience is in Awareness; the one who experiences it is in Awareness—all three have their being only in Awareness and cannot exist separate from Awareness. Since they can be resolved into Awareness, their differences are imagined. Therefore, the division of enjoyer and enjoyed is only an apparent creation.
Verse Twenty

Doubt:
Identifying Ātmā with Parambrahman is not proper. If you say that Ātmā is a witness, then the existence of two things is implied: one is the witness, and the other is what is witnessed, which is the entire world. Thus the definition of Ātmā involves a world which has to be witnessed. Ātmā, then, enjoys a different reality than that of Brahmaṇ, the Total, the Absolute. Ātmā may be a part of Brahmaṇ, but it cannot be the Total. Brahmaṇ is defined as nondual, neither inside nor outside, whereas this Ātmā, being the witness, must be distinct from the object which it witnesses. Thus, there is no identity between Ātmā and Parabrahman.

चेत्योपरागरूपमेव
साक्षितापि न तत्त्विकी
उपलक्षणेश्वरे
निसत्त्वेच्छिद्यये: || २० ||
cetyoparāgarupā me
sākṣitāpi na tāttvīki
upalakṣanameveyaṁ
nīstaraṅgacidambdeḥ

Being the witness
Is a relative definition.
It is not the truth of my nature,
For I am the ocean of Awareness,
Free from all waves.

The entire world as well as the notion of doership is something that is seen. “I am the doer” is known. All that is done by the doer, all experiences, are known. The one who knows all this is the sākṣi, the witness. However, this quality of being a witness is not real. In fact, Ātmā is not a witness. In order to appreciate the Self as free from the seer-seen relationship, Ātmā is pointed to as a witness; but there is not act of witnessing on the part of Ātmā.

Ātmā is free of thought because it is the very content of the thought-form (vyrtti). In and through the wave is the water of the ocean: the ocean is the very content of the wave. The wave can
break, can change form; yet the water is not affected, for it is free from the changing form of the wave. The wave is only apparent.

So too, Consciousness is in and through any thought modification — unaffected by the changing form of the thought.

Due to a thought modification, a difference between the knower and known exists. In order to objectify these two thought-forms of knower and known, we say that there is a witness. But nothing is actually witnessed because both thought-forms are apparent. No connection exists between the apparent and the real. Only from a particular standpoint is the Ātmā said to be a witness. With reference to an object or an action, Ātmā itself is free from objects. In order to remove the notion of duality, Ātmā is said to be nondual. Because there is a notion of bondage, Ātmā is pointed out as being always free. Thus, to remove notions, Ātmā is implied in various ways. Through this technique one appreciates the true nature of the Self. Thus, the word witness is used only to point out the Self, which is free from all objects and from the notion of doership — the Self free from all waves of thought.
Verse Twenty-One

Doubt:
I cannot say that I am Brahman, unaffected by changes, for I am affected by changes. I have likes and dislikes: I become happy and sorrowful. These changes affect my nature so I cannot be Brahman, who is changeless.

अमृताब्देर्मे जीर्णी:
मृत्युभिः प्रजन्मिष्ठि: ।
स्वप्निताब्देर्मे चित: ।
खामसंवेधावद्भिः: ॥ ३१ ॥
amṛtābderna me jīmīr
mrṣādīndīrājanmaṁbhīḥ
spatikādrena me rāgah
svāpnasamdhīyābhravībhramaiḥ

I, who am an ocean of immortality,
Am not affected by birth,
Just as the waves
Do not affect the ocean;
Nor is the crystal mountain
Touched by the hues
Of the moving clouds of the evening.

The ocean is not affected by the froth or foam or waves on top of it. They are the glories of the ocean, neither increasing it nor decreasing it. The ocean remains unaffected by the changes on its surface.

Similarly, any number of creations can take place in me, but I remain the same all the time. Any number of births can take place, yet I am not changed. The basis of a superimposition is not affected by that superimposition, for the apparent does not alter the true substance.¹ The changes of birth, sustenance, and death do not

¹ Bhagavadgītā XIII-2
Śāṅkara-Bhāṣya

55
for any reason affect the basis, Brahman.

The mind may have a like or a dislike which may reflect upon me, but it is not me. In the evening the moving clouds gain a glow from the golden hue of the sun. One moment they are orange, then crimson. An icy, snowcapped mountain reflects the changing colours of the clouds. Although the ice does not change colour, it appears as changing due to the reflection of the changing colours in the moving clouds. The mountain is not connected to or associated with these various moving clouds. So too, I am not connected or associated with these various changes of my mind. I may look as though I change, but in fact, I am a mountain of pure crystal; I am Awareness.

The variations of the mind do not bring about any intrinsic change upon the mountain of Awareness that I am. Moment to moment, I may appear to lose my crystalline clarity and look as if I am covered by a colour, crimson or blue, but I am not transfigured at all. the mountain always continues to be pure snow. If it truly changes, then it would continue to be that colour, but it returns to white — always maintaining white. If the variation is taken as the true colour of the mountain, then one has not understood the characteristics of snow. For the knowledgeable person, the changing colours give an additional beauty to the icy mountain. So too, with the knowledge of the Self, the changing colours of my mind are only a beautiful display of nature.
Verse Twenty-Two

Doubt:

I accept that Brahman is identical with Ātma (the Self) but I see that Brahman has three qualities sat, cit and ānanda. If it has three qualities, then the Self also enjoys qualities like any other object. In order for qualities to exist, there has to be a locus on which the qualities exist — as, for example, "blueness", a quality of the pot, abides in the pot, as "tallness" abides in the tree. If these three qualities abide in the Self, by their change the Self will change. Enjoying qualities, the Self becomes a substance, subject to destruction.

ख़ुपमेव मे सत्त्वं
न तु धर्मो नभस्ततुएः
मदन्यस्य सत्तोऽभावात्
न्न हि सा जातिरिष्यते ॥ २२ ॥

svarūpameva me sattvam
na tu dharma na bhaṅtvat
madanyasya sato' bhāvān-
na hi sā jātiriṣyate

Existence is indeed my nature,
Not a quality,
As spaceness is not a quality
Of space.
Myself, Existence,
Alone is.
A species of Existence is not possible.

The Self does not have the quality of existence — it is Existence. From one standpoint, it is called sat, Existence. Existence is the basis on which everything is. All has its being in Existence alone: All resolves into Existence alone. That Existence does not differ, nor is it many. There is only one Existence. Pot existence, cloth existence, tree existence — a form may qualify Existence, but Existence is one alone.

Wherever there is a quality, there must be a species or a category to provide a locus on which the quality exists. Since the Self is one, there is no category or species for it, as there is no category or species
for space. Nor is there a grouping for space or a union with space—there is no second space. So too, there is not a second thing apart from the Self, Existence.

Space may appear conditioned due to certain factors within it. Enclosed by four walls, it is room space; within a pot, it is pot space. A particular form which is given a name, "room" or "pot", apparently limits the space. But space itself is not truly conditioned by these names and forms; space remains one. So too, any number of objects can exists: The pot is, the room is, he is, she is, I am (is), you are (is) — but there is not a variety of is's. Various names and forms are there, but all depend on Existence for their appearance. Everything is because Existence is.¹

Existence, therefore, is a principle which does not depend upon another existing factor. Being independent, it is the very nature of the Self and not a quality of the Self.

¹. सदेव सोयेदमन्य आसीदकेत्वाहिततियम् Chāndogyopanisad VI-ii-1

2. स य एशोणिमैतदायिणिद् सर्वेऽत्त्वात्स्य आत्मा तत्त्वार्थसि क्षेत्रकेतो इति

Ibid. VI-viii-7
Verse Twenty-Three

Doubt:

Thus, Existence is the Ātmā the Self, but Awareness must be a quality, for I have the characteristic of knowing. That knowingness is a quality. If Brahman is free of qualities, it cannot be the Self, for the Self has this quality of awareness, this capacity to know.

स्वरुपेव मे ज्ञानं
न गुणाः स गुणो यदि ।
अनात्मलमसत्वं वा
ज्ञेयान्यज्ञेयतः पतेत् ॥ २३ ॥
svarūpameva me jñānāṁ
na guṇah sa guṇo yadi
anātmatvamsattvam vā
jñeyājñeyatvayoḥ patet

Awareness is my nature,
Not a quality.
If it is a quality,
Then that which is known
Is not the Self,
And that which is not known
Is not existent.

One may argue that Awareness or Knowledge cannot be the nature of the Self, for awareness comes and goes. In sleep there is no awareness; even during waking, awareness differs according to the perceptions one has of objects. Therefore, awareness cannot be identical with the Self, which is Existence. It can only be an adventitious quality.

To this we answer that Awareness does not come and go—only a particular thought modification comes and goes. A thought happens within Awareness as a clay pot happens within space. Within Awareness alone, the thoughts are formed and again fall. Awareness always is; it is not distinct from Existence.

1. ज्ञान शब्देन तत्तत्स्यते न तुच्छते ।
शब्दप्रवृत्तिहृद्यात्मदिमर्महृत्यात् ।
Saṅkara-Bhāṣya
Verse Twenty-Four

Doubt:

I can see that the Self is Existence and Awareness, for no one tries to become aware or existent; everyone is existent and aware. However, everyone does want to become happy; therefore, happiness must be other than myself. I find happiness in the world and not in myself; I depend on the world for my satisfaction. Only in association with certain things do I become happy. As milk gains in the quality of coffee in association with it, I too, gain the quality of happiness in association with certain objects. Since happiness is a quality which my mind enjoys depending on objects and situations, it cannot be my nature.

अहमेव सुख नान्य-
दन्यच्चेन्नाय सत्सुखम् ||
अमदर्थं न हि प्रेयो
मदर्थं स्वत: प्रियम् || २४ ||

ahameva sukham naany-danyaccennaiva tatsukham
amadartham na hi preyo
madartham na svataḥ priyam

I am happiness, independent of anything
Anything other does not bring happiness
Love is not towards others;
Nor can I love myself,
For I am love.¹

If my nature is not happiness, then to what does this quality belong? If it belongs to something other than myself, then how can I ever become happy or full? In a moment of joy I say “I am happy”. The happiness is not with the object or the situation. If it were, then that object or situation would be a source of happiness for everyone. Also, if happiness were a quality inherent in objects, then one would desire all objects. Yet every object is not desirable to me. I love only those objects which bring me happiness. I do not love the objects, but I love the happiness which the object brings. Happiness

1. See Verse Two, note 4.
then, cannot be a quality inherent in the object.

Since happiness cannot be a quality of the object, can it then be a quality of the mind? If it were a quality of the mind, then I would not seek a condition to induce happiness within the mind. The sense of completion, which is happiness, would be the mind’s happiness. The mind, however, assumes itself to be incomplete and then seeks completion. Since the mind seeks completion outside of itself, happiness cannot be its intrinsic quality.

Also, if happiness were a quality of the mind, then when the mind was resolved as in deep sleep, happiness would be dismissed. Experience shows the reverse to be true. Deep sleep is a state of experience which all of us desire to enter because of the sense of completion obtained there. When the mind is resolved, happiness manifests. Thus, happiness cannot be a quality of the individual mind.

If happiness is not a quality of the object nor a quality of the individual mind, then from where does it come? Happiness appears when a particular condition is induced within the mind. When a desired object is obtained, then the desiring mind is granted a calm moment. The love expressed as I encounter a desired object is able to resolve projections in my mind, thus allowing me to be with myself. When a particular desire within the mind is resolved, then the fullness which is my nature appears. Fullness, which is love, is but the nature of the Self.²

². यो तै भूमा तत्सुखं नात्त्वे
सुखमति भूमेव सुखं  Chandogyopanishad VII-xxii-1
Verse Twenty-Five

Doubt:
Perhaps sat, cit, and ānanda are not qualities, but definitely they are three distinct things. The Śruti says that Brahmān is one, but you are mentioning three things. Therefore, Brahmān consists of three things, not one.

न हि नानास्वरूपं स्या-
देक्म वस्तु कदाचन ।
तत्स्मादेव एवासिस्म
विजहज्जगतीं भिदाम् ॥ २५ ॥
na hi nānāsvārūpaṁ syā-
dekam vastu kadācana
tasmādakhaṇḍa evāsma
vijahajjāgatīṁ bhidām

That which is one
Can never, at any time, be varied.
Therefore,
I am undivided,
Giving up
Any divisions brought about by the world.¹

Three approaches exists, but not three separate entities; for sat is cit and sat-cit is ānanda: they are not distinct. From the stand-point of a relative existence we point out sat, that which has timeless existence. From the standpoint of awareness conditioned by a knower/known relationship, we point out cit, Awareness free from this duality. By analyzing happiness gained by the attainment of a desired object, we find an object-free fullness, ānanda. These are all one: Existence free from time, Awareness free from duality, and Fullness free from desire. They all resolve into the Absolute, therefore, Awareness and Existence are the same; they are not distinct.

The same reasoning holds true for fullness, ānanda. Fullness

¹. एतेऽथ्यो भूतत्वः: समुद्दायः तान्येवानु-
विनिस्यति, न प्रेय संज्ञातीवोरे
व्रजीमीति हेवाच शास्त्रवक्लयः    Bṛhadāraṇyakaopaniṣad II-iv-12
cannot be away from Awareness and Existence; for if it were, then no one could have the experience “I am happy”. Since happiness is experienced as the subject, then it cannot be away from the Awareness which is the subject. Therefore, the nature of that very subject is Awareness, Existence, and Fullness.

This nature of the Self is one; it is not manifold. The varieties which go to make up the world, divided by time, space, and objectivity, do not abide within me, the Self. When I give up the divisions brought about by the world, I am one, undivided, which we call sat-cit-ānanda, Brahman.

Only one “thing” is. No second thing exists. Apart from Brahman, there is no other substance. Any item that I examine within the creation breaks down into various parts. For example, if I examine a car, I see no one thing there: the item “car” will break down into a collection of various components. The tire is not the car, nor is the fender, nor the steering wheel, nor the gasoline; yet all the components together make the aggregate “car”. Even each of these components can be further broken down into other parts. This analogy holds true for any item within the creation. Therefore, when I start analyzing, I cannot arrive at any one substance within the creation, for each is an aggregate of parts. No one thing has any true existence within itself. Then, that existence which is, is the only thing that is.

Existence cannot be distinct from Awareness, for if existence were distinct from Awareness, then it would become insentient. If insentient, then it would become an object. If an object, then it would enjoy name and form, and thus become subject to dismissal as apparent. Therefore, it would lose its original definition as that which is in all three periods of time. So Existence cannot be different from Awareness.

The converse is also true, that Awareness cannot be distinct from Existence. If it were distinct, then it would be away from the existence Self (sadātmā). If it were away from the Self, then it would become an inert object, thus negating the very definition of Awareness: sentience.

2. मनुवानुष्ठव्यं नेह नानासिक किं जन
मृत्यों: स मृत्युभोग्यत य इह नानेभ पर्यन्ति ।Ibid. IV-iv-19

3. एकाधनुष्ठव्यंभेंत्रमेवं घुमपु
विरज: पर आकाशाद्य आला महामुखः ।Ibid.IV.iv.20
Verse Twenty-Six

Introduction:
This verse is a summation of the teaching.

परोक्षात्परिच्छेद:-
शाबल्यापोहनिर्मलम्।
तदासीति गिरा लक्ष्य-
महेकरसं महः।॥ २६॥

parokṣatāpaṛiccheda-
śābalyāpohā nirmalāṁ
 tadāsīti girā laksya-
mahamekarasāṁ mahaḥ

I am one limitless Essence
Which is implied through the Mahāvākyo
I am pure, free from ignorance.
My nature is not distinct nor limited.¹

The summation of the teaching called Vedanta is given with a sentence which reveals the identity between the individual and the Total. Such a sentence is called a Mahāvākyo. One such sentence is tat-tvam-asi: "that thou art". Tat, "that", stands for the Lord, the Creator who is all-knowing and all-powerful. The word tvam, "you", represents the individual who has only limited knowledge and limited power. The identity between the two is appreciated when the distinguishing factors are seen as apparent conditionings. In the removal of these conditionings one appreciates that only one substance, Consciousness alone, is there.

The qualities of the Lord and the individual are contradictory. The Lord, as any author of a particular creation, has complete knowledge of the creation which he authored. As a pot-maker has complete knowledge of the pot — how it is made and its functional purpose — so too, the Śruti reveals that the creator has the knowledge of the formation of the creation and all the laws that govern the operational aspects of the creation. Since this creation is purposeful and functional, one can reason that there is an intelligent cause which authored it. That intelligent cause is that which has the full

¹. See Verse Twenty-Two, note 2.
knowledge of its creation.

As an individual within the creation it is impossible to know the creation in its entirety. Such a knowledge would comprise all sciences and all disciplines, plus all that which has not yet been revealed by science or explained within any discipline. Such a knowledge is simply not possible. How, then, can there be an identity between the Creator and the individual?

The identity is not within the qualities or factors which make up each entity, but in the removal of these qualities and factors. The Awareness by which the Creator knows His total knowledge is the same Awareness by which I, an individual, know my limited areas of knowledge. There is no differentiation in Awareness. The distinctions are only in the capacity of knowing, but not in the Awareness which enables one to know. This Awareness is sat, “real”, in it the individual, the Lord and the creation have their being. Being one basic truth, the “threeness” of sat-cit-ānanda becomes apparent. Therefore, I am that Awareness which is the Lord and also his creation; I am not different from Him.
Verse Twenty-Seven

उपशान्त्जग्जीव-
शिष्याचर्येश्वरभ्रमणां।
सत: सिद्धमनाङ्गस्ते
परिपूर्णमहं महः॥ २७ ॥

upasāntajagajjiva-
śisyācāryeśvarabhramam
svataḥ siddhāmanādyantam
paripūrṇamaham mahaḥ

The delusion about the world,
The individual and the Lord,
The student and the teacher
Is resolved.
I am limitless,
Without beginning and endless.
The Self is established.
I am complete.

Through inquiry I have destroyed Self-ignorance. I took myself to be limited and sorrowful and subject to destruction. I have negated what is not true and have destroyed the delusions about myself and the world.¹ I thought that I was an individual separate from the world, but now I know that the apparent world exists within me, the Awareness. One can negate an error or a false perception, as I can negate the perception of a snake by seeing the rope, but the perception of the rope cannot be negated, for it is the actual image. When the reflection in the mirror is understood as reflection then any destruction to the reflection does not destroy me. The reflection in the mirror is a false perception of the actual face. Even if I stand in a hallway of mirrors and see thousands of images of my own form, still I know each of them is a reflection of one form. Perceptually I see a number of figures, but I know that I have one physical body. If I look in a concave mirror or a convex mirror, I will see mutations of my form. However, I never lose the knowledge that what I am

¹. एतत्मानंदमयमात्माननुपपुसंक्रम
इमाँलोकाकामात्रो कामभूमि मनुष्यवस्तुः Taittiriyopanishad II-x-5
seeing are reflections of one physical body.

When I have discriminated between the false perceptions of myself — my identification with my body or the thoughts in my mind — and the truth of myself as Awareness, then I am no longer under the spell of ignorance or delusion. I know that the truth of perceived world is Awareness, not distinct from me, but abiding within me. Nor am I distinct from the teacher who teaches this truth, for the teacher teaches within Awareness. The Lord, also, cannot stand separate from Awareness, for the Author of creation must create with Awareness; He is aware of His creation. The Awareness with which He perceives His creation cannot be distinct from the Awareness which is myself. As Awareness I am not bound by the confinements of the world, but am free from any limitation of time and space.

The one who knows oneself to be free from the time/space framework, knows oneself to be limitless. Such a one is liberated. No longer does one search for happiness for one knows that the Self is the truth of one’s happiness; the mind abides with the Self alone. The fear of mortality falls for one knows that the Self does not die nor is subject to destruction. By inquiry one has eliminated the ignorance about oneself and this knowledge removes the quest for all particular knowledge.

The three basic problems inherent in man, the longing for happiness, the fear of mortality, and the desire for knowledge, all resolve in the truth of one’s Self. The one who knows this without doubt or error is full and complete.
Verse Twenty-Eight

As a Vedantic text begins with a humble invocation of the Lord's Grace, it ends praising that Grace which has come in the form of knowledge.

लक्ष्मीधरकवे सूक्ति-
शरदभोजसंग्रहः ॥
अद्वैतमकरणाः
विद्वध्वृगरीनियताम् ॥ २८ ॥

lakṣmīdharakaveḥ sūkti-
śaradambhojasam bhṛtah
advaitamakarando 'yāṁ
vidvadbhrīgairnīpiyatāṁ

May this nectar of non-duality
Available in the lotus words
Of Lakṣmīdharā Kavi
Be ever enjoyed
By the wise,
Who are like bees.

The verses of this text are compared to the fragrant lotus blossoms. The lotus has a nectar which is sweet and attracts all bees. The nectar (makaranda) of this text is nonduality (advaita). As bees come to relish and enjoy the nectar of the lotus, so too, may the wise ones come to drink and enjoy this nectar of nonduality. As the essence of the flower maintains the bee, the essence of this text, the truth of one's Self, maintains the wise.

As the bee must have the dexterity to procure the honey which is kept deep inside the flower, so too one must develop the capacity of inquiry in order to discover the truth of one's Self. It is not a problem of dialectics or semantics, but it is a problem of ignorance.

1. इत्यव सन्तोषः विद्वध्वृगरीयम्
   न चेदवेदिमहती विनिधि:
   ये तद्विद्वृगरीस्ते भवति
   अथेते दु:खभवापितति
   Bṛhadāraṇyakopaniṣad IV-iv-14

68
and inquiry alone can remove the ignorance. Inquiry is the means to the understanding of one's Self and one inquires until all ignorance is gone.

2. आश्चर्यों वक्ता कुशालोऽस्य
लब्धास्तःक्षयः ज्ञाता कुशालानुशिष्ट: Kathopanisad I-ii-7
ADVAITA
MAKARANDA

Ann Berliner

Advaita-makaranda is an obscure text written most likely between the 11th and 15th centuries by Laksmudhara. He has written one other text, Bhagavannamakaumudi as well as a tika to the Srimad Bhagavatam called Amrtatarangini.

The author purposely avoided the misuse of such vague terms as “eternal”, “soul”, “spirit”, “ego”, etc. Such words, filled with cultural and psychological interpretations, can be misleading. In the first reading the verses may seem very simple, but it is a deceptive simplicity. The simplicity is only in the controlled lack of adjectives and not in the presentation of the subject matter.

In the body of the commentary the author places herself in the position of a traditionalist and presents the matter from a traditionalist’s point of view. The author has tried to understand this approach by the study of various Vedantic texts under the guidance of teachers who are part of the tradition. As is the wont with traditionalists, they resolve the subject matter of each verse into understanding of the limitless Self.

Within the tradition a particular argument is substantiated by quoting from the Sastra (Upanisads, Brahma-Sutras, Bhagavad-Gita). The author has emulated this classical approach by footnoting the philosophical arguments with quotations from the Sastra.

The introduction to each verse presents the purvapaksa while the verse and commentary reveal the siddhanta. When the verse is a continuation of the siddhānta, no purvapaksa precedes it.

ASIA PUBLISHING HOUSE
BOMBAY • NEW DELHI